

## Lesson for August 14, 2022

### HOLY SPIRIT POWER: THE WHOLE ARMOUR OF GOD

“Be Strong in the Lord and in the Power of His Might”

(Ephesians 6:10 – 18)

### THE WHOLE ARMOUR OF GOD

#### I. Overview

##### Old Testament

##### New Testament

Ephesians 6:10-18  
Ephesians 1-6

#### II. New Life In Christ

Ephesians 6:10-22  
II Cor. 10:3-4

#### III. The Wrestling Match

Daniel 10  
Isaiah 59:17

Ephesians 6:12-14  
II Cor. 6:7  
I Thess. 5:8  
Ephesians 6:15

#### IV. The Peace of God

Isaiah 52:7

St. Matthew 5:6  
Ephesians 6:16  
Ephesians 4:3  
Ephesians 6:17  
Hebrews 4:12

St. Luke 4  
 St. John 6:63  
 St. Matthew 26:47-54  
 I Cor. 2:8  
 II Cor. 10:3-5

## **Definitions**

1. **Finally:** “of or relating to the last in a series, process or progress; of or relating to the ultimate purpose or result of a process; relating to or occurring at the end or conclusion.”
2. **Strong:** good spiritual condition; growing solid in the Word; enabled by the Holy Spirit; the Vertical Relationship.
3. **Power:** God’s ability, strength, dominion, authority.
4. **Might:** God’s ability to perform anything.
5. **Principalities:** first or beginning level of spiritual beings who exercise rule, and are called “principalities; celestial hierarchy, government of evil spirits;
6. **Powers:** fallen angelic beings; another level of spiritual beings called “powers”; celestial hierarchy;
7. **Rulers of darkness:** chief prince of evil; rulers over certain worldly kingdoms; spirit rulers who exercise satanic authority over the world;
8. **Spiritual Wickedness:** invisible powers which are evil and wicked; the top level of the evil celestial hierarchy;
9. **Wherefore:** for this reason;
10. **Withstand:** hinder, or to be set against, or to resist;
11. **Stand:** abide, or remain;
12. **Abide:** to remain unwavering, unbending, unmoving; stay firm;

- 13.**Submit:** to yield; to be under the authority or will of another;
- 14.**Resist:** to oppose; to take a stand against; to withstand;
- 15.**Flee:** to run away
- 16.**Loins:** area of reproduction; that part which gives life; the vital part of the body; girding that part with Truth so as to be ready for active service; innermost being;
- 17.**Girt:** to fasten or encircle; to surround; to equip; to prepare for action;
- 18.**Truth:** The Word of God.
- 19.**Breastplate:** protection for the breast part of the body. Consisted of two parts which protected the body both front and back, from the neck to the middle where the protection of the loins began.
- 20.**Righteousness:** The faithfulness or truthfulness of God. That which is consistent with God's nature; the character or quality of being right or just.
- 21.**Shod:** to bind under; to bind around; to tie down; to bind together;
- 22.**Preparation:** readiness; firm footing; a good foundation;
- 23.**Gospel:** The Good News of Salvation
- 24.**Peace:** harmonious relationship between God and man which is accomplished through the Gospel; friendliness; wholeness.

### Questions to Consider

1. Talk about why the proper inward dress is necessary for the Christian.
2. What is the “process of growth?”
3. What part does the Holy Spirit have in the process of growth?
4. What part do you have in the process of growth?
5. Discuss what it means to be IN CHRIST and for Christ to be IN YOU.
6. Talk about the process of “putting on,” what you need to put on, and why?
7. What is the only offensive weapon that is listed? And what do you do with an offensive weapon? (Eph. 6:17; I Tim. 6:12)
8. Why do you need spiritual weapons for the Christian life and what is your understanding of the weapons that Paul writes about.
9. What is the victory in your life, and what does it look like?
10. How do you access the abundant life that our Lord talks about in St. John 10:10? And what is the abundant life?
11. Talk about the Strength, Might, and Power and how they relate to you as a Christian.
12. When temptations arise in your life (James 1:2), is it a sin if you fall? Where does the sin enter in or at what point can sin enter in when you are faced with issues?
13. If you are a peacemaker, (St. Mt. 5:9) how do you bring peace when situations arise in your life? And what does it mean to be a “peacemaker” or a “peacekeeper – and is there a difference?”

## **SisStar Applications**

1. Remember that you have spiritual tools that you can use to handle situations in your life effectively.
2. You don't have to stand by yourself. You are filled with the Holy Spirit of Promise and that is where your strength lies.
3. Remember that it is not "people" who are the enemy -it is the spirit of disobedience which is at work in the world.
4. You are "more than a conqueror" because you have the Promises of God, which are yea and Amen.
5. It's not a sin to be overly emotional; but when you are, you can allow the Holy Spirit to lift you above what you are feeling into that place of Peace and Joy. (Psalms 61:1-3)
6. Remember that you are a Child of the King and you are seated at His table continually. He supplies ALL of your needs according to His riches in Glory by Christ Jesus. (Phil. 4:19)
7. The Promises of God will never fail. You can have everything that He has promised in His Word because of who you are, and to Whom you belong.
8. Peace is possible only through the Holy Spirit. You can have that "peace of God which passes all understanding" if you follow the formula:

Rejoice + Gentleness + No Worry + Prayer + Thanksgiving = PEACE OF GOD

*(Philippians 4:4-7)*