



Lesson 1-Recap| 10/30/2022| “You can run but you can’t hide”

“From one pit to another”

(A study on the book of Jonah)

Lesson 1- “You can run, but you can’t hide

Jonah 1:1-4

I. Over-view

- ♥ Everything is wrapped up in God’s grace! You are here by Grace and its grace that will continue to carry you through
- ♥ Give yourself away to God so that he can work in and through you
- ♥ This study from Jonah is going to be an expository style lesson- you will be going into the verses and make practical application to your daily Christian living
- ♥ Jonah is a minor prophet book

Where does you can run but you can’t hide come from

Joe Louis was a heavy weight champion and known as the brown bomber he became a historic hero due to his win against the German boxer named Max Schmeling

In 1938 a re-match was set up between Joe Louis and Schmeling it was at the beginning of the Nazi reign and World War II. Joe was called to the White house due to the promotion of white supremacy and the president of the United States told Joe the country is depending on you, and we need your muscles to beat Germany. Joe knew that his country was depending on him and when the match came, and Joe Louis won by knock out. (He was the brown bomber) It was the 1st time in history when all races were joined together cheering on a man of color.

There was another fight with Joey Cohn; at space in the 12th round Joey was gaining on Joe Louis and thought he would win. Cohn began to gloat and didn’t take his usual stance. Cohn danced around the ring trying to run but he couldn’t hide from the force that was in Joe Louis



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- ♥ Being stuck in your anger can lead you to being in your P.I.T (Personally Induced Tempest)
- ♥ Getting over your emotions is a practice that does not happen overnight, but it is a daily practice
- ♥ Giving into your emotions is you not taking control and holding fast to your faith
- ♥ Living in your emotions is giving your power to the enemy
- ♥ The law of retaliation= giving what you are given (don’t operate under the old law)
- ♥ We are new creatures, and we must allow grace to kick in where the old law once ranged.
- ♥ When you allow grace to kick in you activate muscles you didn’t know that you had.
- ♥ When you stay out of your (personally induced tempest) you begin to fight the strongholds of the devil.
- ♥ When you take hold of your emotions you begin to understand that Jonah was able to run and be for God instead of getting and staying in his P.I.T
- ♥ Jonah’s name means “Dove” he was commissioned by God to preach unto Nineveh.

II. **The commands from the Lord**

- ♥ When God speaks you must be willing to listen; as a prophet Jonah knew what God expected and always had followed the instructions given
- ♥ His mission to go to Nineveh was the 1 time he decided to go in the opposite direction and disobey God
- ♥ Jonah disobeyed God because of who he had to deal with- the people of Nineveh
- ♥ Nineveh was a descendant of Noah’s son Ham- through his son Asher; Nineveh was called the great city because of how large it was in size and quantity of people.



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- ♥ Nineveh had a strong army along with a reputation of being a group of people who were cruel and had no mercy; they did all types of evil and abomination to what was believed by God
- ♥ This group were considered gentile and Jonah’s mission was to preach about peace to the city.
- ♥ When the Ninevites in your life show up; do you run away and hide or do you face them head on?
- ♥ We have 4 commands to love, bless, do good and pray
- ♥ Are you living out the commands that God has you to go

III. Where Could I go---O Where could I go

- ♥ Do you run when faced with being obedient to God
- ♥ Ignoring the will of God is the same as disobeying
- ♥ The eye of the Lord is everywhere we may try to go; you can’t hide
- ♥ When trials come you are to obey; don’t be lured away from what God has for you
- ♥ Sometimes we hold onto anger because it feels good; being mad is like drinking poison but expecting someone else to die
- ♥ Extend grace as God has extended grace to us
- ♥ Do you feel like running from God?

IV. Down, Down, Down

- ♥ Are you running away from being a doer of God’s will
- ♥ Are you purposely withholding grace from those that do you wrong?
- ♥ As believers when we don’t do the will of God, we turn our backs to him
- ♥ It’s better to follow God’s purpose even when we may not feel like it; it’s all about God’s grace
- ♥ We put ourselves in the pit when we don’t follow the will of God
- ♥ We have a specific direction from the Lord, and we must be followers and lean not on our own understanding!
- ♥ Extend Grace in all things